# FAIR ASST

# **Release Notes for Version 1.0**

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Center for Magnetic Resonance Research

UNIVERSITY OF MINNESOTA Driven to Discover™

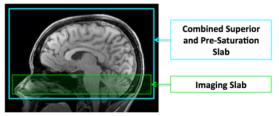
## Background

The intrinsic low signal-to-noise ratio (SNR) characteristics of arterial spin labeling (ASL) and reduced SNR in slices acquired later in the sequence due to signal losses from  $T_1$  relaxation and label washout make whole-brain high-resolution perfusion imaging challenging. Highresolution perfusion imaging can be better achieved by using only limited number of slices sufficiently covering brain regions of interest, such as the hippocampus or the cerebellum. However, when applying the widely used pulsed arterial spin labeling (PASL) method FAIR (Flow-sensitive Alternating Inversion Recovery) for such studies of regions in the midbrain or lower brain, the superior labeling of FAIR can introduce confounding effects for cerebral blood flow (CBF) quantification and adverse artifacts (1–2). FAIR with Active Suppression of Superior Tagging (FAIR ASST) is a variant of FAIR that resolves those issues. In FAIR ASST, the superior tagging of FAIR is suppressed by applying saturations at the labeling stage on the superior side of the imaging slab. The implementation of FAIR ASST provided in this package uses the mode 12 for superior tagging suppression (1-2).

## Important Recent Features

The FAIR ASST sequence contains several important and flexible features, allowing further customizations to satisfy users' specific needs.

- 1. Imaging slab pre-saturation is supported with two execution modes: a single saturation before ASL inversion RF pulses or three saturations using mode 12 as for ASST (1-2). The latter can provide improved imaging slab pre-saturation and minimize the subtraction errors caused by the imperfect inversion profile (3).
- 2. When both pre-saturation and superior saturation are requested, a single saturation RF pulse will be applied covering both the superior tagging region and imaging slab (Figure 1).
- 3. HSN RF pulse (4) can be selected for FAIR inversions to reduce RF peak power



**Figure 1.** A single large saturation slab (cyan) is used when both superior and pre- saturation are required.

that is usually limited at ultra high fields, e.g. 7T.

4. Both QUIPSS II (5) and Q2TIPS (6) are supported with great flexibility via multiple user interface (UI) parameters: the number, duration, slab size and temporal gaps of saturation RF pulses to define temporal bolus width (please refer Figure 1 in the reference 2).

- 5. Up to two  $M_0$  images can be acquired at the end of ASL series acquisition.
- 6. Bi-polar flow-encoding/crushing gradients are available to suppress hyperintense intravascular signals.

#### Installation

The zip package includes three files. XFL\_extrf.dat is an external RF pulse library file. C2P\_XFL\_VB17A\_a\_ep2d\_pace\_SB\_FAIR\_ASST.dll and C2P\_XFL\_VB17A\_a\_ep2d\_pace\_SB\_FAIR\_ASST.i86 are compiled sequence library files.

The external RF library file has to be manually copied to the file directory [C:\MedCom\MriSiteData\measurement]. The two sequence library files have to be copied to the folder [C:\MedCom\MriCustomer\seq].

If a sample protocol FAIR\_C2P.edx file is provided, this protocol can be imported by selecting Exam Explore=>USER=>Object=>Import=>Select FAIR\_C2P.edx, and the default protocol will be as shown in Figure 2. If a sample protocol is not available, create a default protocol in Exam Explorer by selecting Insert Sequence, USER, then C2P\_XFL\_VB17A\_a\_ep2d\_pace\_SB\_FAIR\_ASST.

Exam Explorer - \\USER\FAIR_C2P\Default_Protocol\C2P_FAIR								
<u>O</u> bject <u>E</u> dit <u>T</u> ools Insert I	<u>H</u> elp							
E XBRX CC / M								
É- ∳ FAIR_C2P	1 <u>∧</u>	C2P_XFL_VB17A_a_ep2d_pace_S	03:38					
⊡	2 📩	C2P_XFL_VB17A_a_ep2d_pace_S	08:50					

Figure 2. Imported protocol in Exam Explore.

#### Usage

UI parameters specific to FAIR ASST are located in the Sequence/Special card, and each UI parameter has its own tooltip (Figure 3).

#### Specific usage notes:

- 1. Perfusion imaging using FAIR ASST without applying QUIPSS II or Q2TIPS can be achieved by making "QSAT.No." equal to zero.
- 2. The total measurements include user-prescribed number of  $M_0$  images.
- 3. Imaging slice distance factor has to be 20%.

TA: 0:18	PM: REF	PAT: 2	Voxel size	: 3.4×3.4×5.0 r	nm Rel.	SNR: 1.00	: ASST
Part 1	Part 2	Special					
PASL Ru	nning mode	FAIR	-				
Pre	SatONOFF	1	bool	FFT Scal	e Factor	0.60	inum
FAIR:	ssIR Mode	0	bool				
(	QSAT. Size	90	∃ mm				
	HSN RF?	1	i bool				
Routine		Resolution		System P	hysio	BOLD	Sequence

Figure 3. FAIR ASST UI parameters.

## Patent

1. Li X, Gopinath K, Sarkar SN, Briggs RW; System and Methods for Active Suppression of Superior Tagging in Flow-Sensitive Alternating Inversion Recovery. United States patent 8,143,892. March 27th, 2012.

# References

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- Li X, Sarkar SN, Purdy DE, Haley RW, Briggs RW. Improved quantification of brain perfusion using FAIR with active suppression of superior tagging (FAIR ASST). J Magn Reson Imaging. 2011;34(5):1037-1044; doi: 10.1002/ jmri.22734.
- 3. Li X, Metzger G. Feasibility of Measuring Prostate Perfusion with Arterial Spin Labeling. NMR Biomed. 2013 Jan; 26(1):51-7. doi: 10.1002/nbm.2818.
- 4. Tannus, A. and M. Garwood, Adiabatic pulses. NMR Biomed, 1997. 10(8): p. 423-34.
- Wong, E.C., R.B. Buxton, and L.R. Frank, Quantitative imaging of perfusion using a single subtraction (QUIPSS and QUIPSS II). Magn Reson Med, 1998. 39(5): p. 702-8.
- Luh, W.M., et al., QUIPSS II with thin-slice TI1 periodic saturation: a method for improving accuracy of quantitative perfusion imaging using pulsed arterial spin labeling. Magn Reson Med, 1999. 41(6): p. 1246-54.